

## **NHH SHURRERY TRAIL RUN 19 JANUARY 2023**

### **Short course**

<b>Name</b>	<b>Distance</b>	<b>Time</b>
Cameron Charlton	4 miles	30:11
Chloe Macdonald	4 miles	30:15
Sean Wylie	4 miles	37:24
Suzie Anderson	4 miles	38:58

### **Long course**

Michael Sutherland	7.5 miles	50:34
Adam Critchley	7.5 miles	53:35
David Orr	7.5 miles	53:51
David Spencer	7.5 miles	56:05
Jake Holden	7.5 miles	57:33
Ian Walker	7.5 miles	59:55
Mary Coll	7.5 miles	1:03:18
Rhoda Kennedy	7.5 miles	1:03:26
Marnie Kerr	7.5 miles	1:05:37
Ruth Akers	7.5 miles	1:06:28
Simon Harrison	7.5 miles	1:07:31
Leah Hibbert	7.5 miles	1:12:30
Tom Marquis	7.5 miles	1:15:11
Mey Cameron	7.5 miles	1:15:15
Julieanne Leslie	7.5 miles	1:15:15
Gavin Powell	7.5 miles	1:16:27
Francesca Aub Robinson	7.5 miles	1:17:19
Phil Cartwright	7.5 miles	1:20:55