Castle of Mey 10K 2019

Pos	Name	Race No. Gender	Category	Club	Gun Time	Chip Time
•	1 Jenny Bannerman	176 Female	Senior	Inverness Harriers	00:35:45	00:35:44
2	2 Grant Anderson	24 Male	Senior	North Highland Harriers	00:38:00	00:37:59
3	3 Craig Moar	83 Male	Senior	Orkney Athletic Club	00:38:03	00:38:02
4	4 Colin Barnett	149 Male	Master	Orkney Athletic Club	00:38:04	00:38:03
Ę	5 Davie Macleod	148 Male	Master	Orkney Athletic Club	00:38:15	00:38:14
6	6 Andreas Rams+©y	224 Male	Senior		00:38:55	00:38:52
7	7 David Spencer	2 Male	Master O50	North Highland Harriers	00:39:01	00:38:59
	B David Stockan	4 Male	Master	North Highland Harriers	00:39:22	00:39:21
ç	Murray Mackay	108 Male	Senior	North Highland Harriers	00:39:58	00:39:56
10	Adam Critchley	9 Male	Master		00:40:03	00:40:02
1	1 Allan Shearer	223 Male	Senior		00:40:07	00:40:05
12	2 Kevin Buchan	76 Male	Master	Metro Aberdeen Running Club	00:40:37	00:40:35
13	3 Rhiannon Kirk	115 Female	Senior	Edinburgh Uni Hare and Hounds	00:40:37	00:40:36
14	4 David Orr	1 Male	Master	North Highland Harriers	00:40:53	00:40:51
1	5 Nigel Mackenzie	34 Male	Master	· ·	00:41:13	00:41:12
16	Stephen Mclean	261 Male	Master	Triathlon Scotland	00:42:00	00:41:59
	7 Allan Stephen	238 Male	Senior	Newburgh Dunes RC	00:42:00	00:41:59
	Ryan Sutherland	44 Male	Senior	North Highland Harriers	00:42:02	00:41:59
	9 Marianne Wilson	54 Female	Master	North Highland Harriers	00:42:13	00:42:10
20	Craig Banks	308 Male	Senior	North Highland Harriers	00:42:13	00:42:11
	1 David Eames	120 Male	Senior	Bellahouston Harriers	00:42:17	00:42:15
	2 Jamie McCulloch	10 Male	Senior	North Highland Harriers	00:43:02	00:42:59
23	3 Chris Henderson	191 Male	Senior		00:43:11	00:43:06
	4 Chris Macleod	22 Male	Master	North Highland Harriers	00:43:14	00:43:11
	5 Hannah Paterson	64 Female	Senior	North Highland Harriers	00:43:24	00:43:21
	6 Gavin Lee	286 Male	Master O50	Inverness Jog Scotland	00:43:35	00:43:30
	7 Emma Horne	250 Female	Senior	Orkney Athletic Club	00:43:37	00:43:33
	B Derek Mackenzie	226 Male	Senior	North Highland Harriers	00:44:08	00:44:06
	9 Alan Miller	220 Male	Master O50		00:44:10	00:44:07
) James Green	304 Male	Master		00:44:15	00:44:09
	1 Lewis Vines	297 Male	Master		00:44:25	00:44:20
	2 Paul Steven	244 Male	Master	North Highland Harriers	00:44:40	00:44:36
	3 Will Harrison	133 Male	Master O50	Suffolk Orienteering Club	00:44:42	00:44:31
	4 Stewart Murdoch	87 Male	Senior	Lourdians Gibraltar	00:44:43	00:44:38
	5 Malcolm Lord	280 Male	Master	North Highland Harriers	00:44:48	00:44:45
	6 William Sinclair	245 Male	Senior	North Frightana Flamers	00:44:50	00:44:44
	7 Gary Angus	163 Male	Master O50	North Highland Harriers	00:44:58	00:44:54
	3 Jim Bunting	139 Male	Master	North Highland Harriers	00:45:07	00:45:03
	9 Jonny Wilkin	260 Male	Senior	North Flightand Flamers	00:45:12	00:45:10
	Gavin Simpson	114 Male	Senior	Caithness boxing club	00:45:12	00:45:15
	1 Cameron Charlton	146 Male	Senior	Califfices boxing club	00:45:22	00:45:18
	2 Thom Shaw	173 Male	Master O50	Jog Scotland Muir of Ord	00:45:27	00:45:16
	3 Simon Harrison	73 Male	Master O50	North Highland Harriers	00:45:50	00:45:41
	4 Paul MacDonald	293 Male	Master O30	North Flighland Flamers	00:45:59	00:45:54
	5 Jonathon Land	293 Male 294 Male	Master		00:45:39	00:45:54
	6 Deborah Larnach			North Highland Harriaga		
		174 Female	Master OF0	North Highland Harriers	00:46:39	00:46:34
	7 Alan McLeod	130 Male	Master O50		00:46:43	00:46:37
	Bruce Fairweather	246 Male	Master	Orknov Bunning Club	00:47:16	00:47:07
	9 Michelle Green	303 Female	Senior	Orkney Running Club	00:47:21	00:47:15
	Chall Mackenzie	102 Male	Senior	Caithness boxing club	00:47:34	00:47:28
	1 David Tipton	171 Male	Master O50	Ackworth Road Runners	00:47:37	00:47:25
	2 Scott MacDonald	145 Male	Master	North Highland Harriers	00:47:39	00:47:32
	3 Graham Miller	257 Male	Master		00:47:39	00:47:32
	4 Jack Swaile	78 Male	Senior		00:47:40	00:47:32
	5 Willie Ross	167 Male	Senior		00:47:45	00:47:35
56	6 Gail Mackay	29 Female 147 Female	Senior		00:47:46	00:47:40
_	7 Rhoda Kennedy		Master		00:47:50	00:47:46

50 D . I D	0.14.1		AL (1.12.11 111 1	00.40.00	00.40.04
58 Paul Bremner	8 Male	Master O50	North Highland Harriers	00:48:08	00:48:04
59 Ritchie Shearer	185 Male	Senior		00:48:13	00:48:04
60 Liam Dunnett	41 Male	Senior		00:48:17	00:48:08
61 Cameron Clark	207 Male	Senior		00:48:17	00:48:13
62 Angela Campbell	121 Female	Master	Bellahouston Harriers	00:48:23	00:48:18
63 Connor Dunnet	43 Male	Senior		00:48:35	00:48:28
64 Wendy Rose	256 Female	Master		00:48:38	00:48:30
65 Les Linklater	315 Male	Master O50	jogscotland WESTHILL	00:48:39	00:48:34
66 Colin Budge	276 Male	Master O50		00:48:46	00:48:27
67 James Robertson	254 Male	Master O50		00:48:49	00:48:41
68 Andrew Harrison	275 Male	Senior		00:48:54	00:48:46
69 Michael Ruse	165 Male	Master O50		00:49:00	00:48:51
70 Joe Harrison	181 Male	Master O50	Almost Athletes	00:49:03	00:48:50
71 Derek Johnston	282 Male	Master		00:49:06	00:48:44
72 Fiona Stout	189 Female	Master		00:49:06	00:48:55
73 Liam Sinclair	144 Male	Senior		00:49:13	00:49:04
74 Graeme Connelly	249 Male	Master O50		00:49:14	00:48:58
75 John White	17 Male	Master		00:49:20	00:49:04
76 Rachael Harrison	134 Female	Senior	Suffolk Orienteering Club	00:49:22	00:49:10
77 Helen George	309 Female	Master		00:49:23	00:49:17
78 Ruth Spence	239 Female	Master O50	Orkney Athletic Club	00:49:27	00:49:14
79 Julie Richmond	80 Female	Master	North Highland Harriers	00:49:35	00:49:28
80 Susan MacKennan	323 Female	Master	· ·	00:49:36	00:49:22
81 Shaun Henderson	271 Male	Master	North Highland Harriers	00:49:37	00:49:30
82 Robbie Anderson	231 Male	Master O50	North Highland Harriers	00:49:40	00:49:36
83 Colin Baxter	50 Male	Master	North Highland Harriers	00:49:41	00:49:34
84 Sarah Hamilton	35 Female	Master		00:49:50	00:49:38
85 Kenneth Wilson	90 Male	Senior		00:50:14	00:49:43
86 Graeme Beattie	215 Male	Senior		00:50:18	00:50:13
87 Ian Nunnington	61 Male	Master O50		00:50:27	00:50:08
88 Ian Gunn	141 Male	Master	North Highland Harriers	00:50:31	00:50:22
89 Derek Sinclair	143 Male	Master	Notur riigiliana riamers	00:50:43	00:50:22
90 Susan Webb	184 Female	Master	Orknov Athletic Club		
			Orkney Athletic Club	00:50:53	00:50:43
91 Aileen Stuart	319 Female	Master	Alness Jog Scotland	00:51:07	00:50:57
92 Ros Fleming	19 Female	Master O50	La constitue d'inscription	00:51:08	00:50:52
93 Alan Falconer	310 Male	Master O50	Jog Scotland invernesss	00:51:16	00:51:10
94 Liam Anderson	247 Male	Senior		00:51:17	00:50:55
95 Paul Cowan	196 Male	Master		00:51:19	00:51:00
96 Douglas Caldwell	219 Male	Master		00:51:19	00:51:02
97 Stuart Robertson	119 Male	Senior		00:51:21	00:51:01
98 Graham Douglas	200 Male	Master O50	North Highland Harriers	00:51:29	00:51:18
99 Rebecca Sinclair	113 Female	Senior	North Highland Harriers	00:51:36	00:51:31
100 Iain Campbell	94 Male	Senior		00:51:40	00:51:32
101 Michael van Vuuren	217 Male	Senior		00:51:40	00:51:33
102 Ross Macdonald	122 Male	Master O50	Inverness Harriers	00:51:46	00:51:43
103 Sandra Sutherland	210 Female	Master	Tain jog scotland	00:51:51	00:51:38
104 Lindsay Richardson	318 Female	Senior	Alness Jog Scotland	00:51:51	00:51:38
105 Karen Simpson	129 Female	Senior	Sole Mates	00:52:02	00:51:43
106 Molly Mackay	242 Female	Senior		00:52:03	00:51:49
107 Jonathan Hanrahan	137 Male	Senior		00:52:06	00:51:57
108 Agnes Nicol	320 Female	Master		00:52:08	00:51:55
109 John Mackenzie	13 Male	Master O50	Jog Scotland Thurso	00:52:12	00:52:00
110 Louis O'Donnell	248 Male	Senior		00:52:14	00:52:02
111 Claire Stevenson	154 Female	Master O50		00:52:15	00:52:02
112 Gemma Bowen	312 Female	Senior		00:52:17	00:52:11
113 Sarah Rose	170 Female	Master		00:52:19	00:52:06
114 Amy Macleod	180 Female	Senior		00:52:20	00:52:11
115 Fiona Henderson	295 Female	Master		00:52:20	00:52:04
116 H+Ñvard Haagensen	91 Male	Master O50		00:52:20	00:52:15
117 Angus Macinnes	84 Male	Master O50		00:52:23	00:52:10
118 Craig Anderson	11 Male	Senior		00:52:42	00:52:33
. 10 Graig Andorson	i i waic	5011101		00.02.42	00.02.00

119 Angie Young	228 Female	Master O50	Tain jog scotland	00:52:44	00:52:32
120 Phil Cartwright	124 Male	Master O50	North Highland Harriers	00:52:45	00:52:36
121 Kim Aitken	105 Female	Senior		00:52:50	00:52:38
122 Peter Fay	192 Male	Master O50	Orkney Running Club	00:53:14	00:53:07
123 Neil Dunnett	274 Male	Senior	North Highland Harriers	00:53:16	00:52:54
124 Lynsey Mackay	52 Female	Senior	Muscat Road Runners	00:53:17	00:53:11
125 Nikki Sinclair	135 Female	Master	North Highland Harriers	00:53:21	00:52:58
126 Melanie Hayes	7 Female	Master	North Highland Harriers	00:53:22	00:53:13
127 Howard Christley	178 Female	Master O50	North Highland Harriers	00:53:30	00:53:21
128 Helen McCarthy	168 Female	Senior	Wick Tri Club	00:53:34	00:53:25
129 Silvia Jardine	265 Female	Master		00:53:35	00:53:26
130 Sean Wyllie	68 Male	Senior	North Highland Harriers	00:53:45	00:53:30
131 Louise Sinclair	111 Female	Master	North Highland Harriers	00:53:47	00:53:25
132 Fiona Stockan	270 Female	Senior	North Highland Harriers	00:53:54	00:53:44
133 David Mackay	159 Male	Master O50		00:53:56	00:53:44
134 Caroline Brotherstone	313 Female	Master		00:54:02	00:53:56
135 Christina Smith	272 Female	Master	North Highland Harriers	00:54:07	00:53:58
136 Julie Douglas	199 Female	Master	North Highland Harriers	00:54:08	00:53:57
137 Amy Sutherland	164 Female	Master	North Highland Harriers	00:54:08	00:53:58
138 Audrey Gunn	290 Female	Senior		00:54:11	00:53:58
139 Andy Mackay	202 Male	Master		00:54:22	00:54:09
140 Isla Christie	208 Female	Senior		00:54:25	00:54:11
141 Colin Moore	262 Male	Senior		00:54:27	00:54:14
142 Marjory Hamilton	127 Female	Master		00:54:28	00:54:17
143 Andrea Merchant	16 Female	Senior		00:54:32	00:54:24
144 Jo Wyke	62 Female	Master		00:54:39	00:54:20
145 Angus Mackay	110 Male	Master	North Highland Harriers	00:54:48	00:54:38
146 Chelsea Durrand	179 Female	Senior		00:54:49	00:54:39
147 Alan Mackenzie	194 Male	Master	North Highland Harriers	00:54:50	00:54:40
148 Graham Mackie	306 Male	Master O50		00:54:58	00:54:37
149 Kim Mackie	307 Female	Master O50		00:54:58	00:54:37
150 Donald Cameron	175 Male	Master		00:55:03	00:54:43
151 John Gunn	277 Male	Master O50		00:55:10	00:54:55
152 lain Lindsay	56 Male	Master O50	Metro Aberdeen Running Club	00:55:14	00:55:04
153 Suzie Anderson	232 Female	Master	North Highland Harriers	00:55:15	00:55:05
154 Julieanne Leslie	106 Female	Master	North Highland Harriers	00:55:16	00:55:08
155 Marion Lindsay	55 Female	Master O50	Metro Aberdeen Running Club	00:55:17	00:55:09
156 Nick Lindsay	70 Male	Master O50		00:55:21	00:54:49
157 Jack Andrews	322 Male	Senior		00:55:49	00:55:39
158 Anne Marie Brazier	155 Female	Senior		00:55:50	00:55:27
159 Sara Hamilton	107 Female	Senior		00:55:50	00:55:32
160 Stephanie Harper	140 Female	Senior		00:56:02	00:55:51
161 Janet Mackenzie	12 Female	Senior		00:56:05	00:55:56
162 Thomas West	67 Male	Senior		00:56:13	00:56:01
163 Caroline Thomson	205 Female	Master		00:56:40	00:56:22
164 Sam Dunnett	172 Female	Master	North Highland Harriers	00:57:00	00:56:36
165 Lesley Fraser	279 Female	Senior		00:57:03	00:56:52
166 Dawn Mohun	138 Female	Master O50	Tain Runners	00:57:09	00:56:49
167 Jennifer Swanson	25 Female	Senior		00:57:09	00:56:55
168 Fiona Bremner	211 Female	Master O50	North Highland Harriers	00:57:16	00:57:00
169 Greg Mackay	213 Male	Senior		00:57:20	00:56:57
170 Grace Nimmons	227 Female	Master O50	Jog Scotland Tain	00:57:21	00:57:06
171 Nia Bernal	162 Female	Master	North Highland Harriers	00:57:24	00:57:11
172 Lesley Richard	235 Female	Senior	-	00:57:49	00:57:31
173 Joanne Paterson	206 Female	Master		00:57:55	00:57:36
174 Susan Howe	166 Female	Master	North Highland Harriers	00:57:58	00:57:43
175 Ewan Simpson	325 Male	Senior	-	00:58:11	00:57:57
176 Joseph Frame	301 Male	Senior	Caithness Amateur Athletic Club	00:58:26	00:58:12
177 Fiona McLeod	15 Female	Master	North Highland Harriers	00:58:42	00:58:13
178 Alison Smith	291 Female	Master O50	Lybster Running Club	00:58:58	00:58:40
179 Mey Cameron	299 Female	Senior	, J	00:58:59	00:58:41

180 Mairi Fleet	77 F	emale	Master		00:59:00	00:58:46
181 Dominic Crofts	285 N	1ale	Senior		00:59:04	00:58:34
182 Kayleigh Ross	123 F	emale	Senior		00:59:04	00:58:57
183 Lorna Flett	79 F	emale	Master O50		00:59:09	00:59:03
184 Sydney Henderson	273 F	emale	Senior		00:59:39	00:59:22
185 Rebecca Mayer	243 F	emale	Senior		00:59:40	00:59:24
186 Katie Spence	161 F	emale	Senior	Orkney Athletic Club	00:59:42	00:59:34
187 Evelyn Grant	182 F	emale	Master O50		00:59:43	00:59:35
188 David King	85 M	1ale	Master O50		00:59:43	00:59:17
189 Elizabeth Hendry	101 F	emale	Senior		00:59:46	00:59:31
190 Michael Johnson	99 M	1ale	Senior		00:59:48	00:59:27
191 Jennifer Smart	266 F	emale	Master		00:59:56	00:59:40
192 Joe Brannan	156 M	1ale	Master O50		00:59:57	00:59:40
193 Desiree Hartmann	98 F	emale	Master		01:00:00	00:59:39
194 Lewis Davidson	190 M		Senior		01:00:02	00:59:39
195 Jamie Simpson	187 N		Senior		01:00:03	00:59:40
196 Dean Bowman	60 M			North Highland Harriers	01:00:07	00:59:52
197 Peter Poulton	241 N		Master O50	Treath Ingiliana Flames	01:00:16	01:00:00
198 Ana McCarthy			Master		01:00:23	01:00:06
199 Maria Reid			Master O50		01:00:26	01:00:24
200 Carol Grant				Lybster Running Club	01:00:28	01:00:24
201 Susan Miller			Master	Lybotol Rulling Oldb	01:00:46	01:00:10
202 Susan Henderson			Master O50		01:00:58	01:00:19
203 Craig Morrison	302 M		Senior		01:00:30	01:00:43
204 Alice Martin-Walker			Senior		01:01:23	01:01:01
				log Spotland Tain		
205 Sheryl Tode			Master O50	Jog Scotland Tain	01:01:41	01:01:26
206 Myriam Mackinnon			Senior	Main of Ond Inspectional	01:02:25	01:02:06
207 Dave Carstairs	169 M			Muir of Ord Jogscotland	01:02:47	01:02:24
208 Peter Campbell	230 M		Master O50	Nicola I Polato del Landona	01:03:12	01:02:49
209 Angela Gunn			Master	North Highland Harriers	01:03:15	01:03:03
210 Vicki Swan			Senior		01:03:21	01:03:05
211 Aimee Begg			Senior		01:03:21	01:03:05
212 Elizabeth Cameron				Ladies Sole Mates Running Group		01:03:02
213 Susan Linklater			Senior	North Highland Harriers	01:03:26	01:03:18
214 Vicki Teven			Senior	North Highland Harriers	01:03:50	01:03:33
215 Lesley Brannan			Master O50		01:04:34	01:04:15
216 Kerrie Mackenzie			Master	Jog Scotland Thurso		01:04:09
217 Jamie Law	49 N		Master		01:04:47	01:04:22
218 Kathleen Matheson			Senior		01:04:50	01:04:25
219 Gail Brown			Master		01:04:54	01:04:28
220 Kara Coles			Master	Muir of Ord Jog Scotland	01:04:59	01:04:44
221 Helen Mackay			Master O50		01:05:15	01:04:50
222 Renata Smith			Master		01:05:19	01:05:00
223 Catriona Brannan			Senior		01:05:21	01:05:02
224 Catriona Kieran	240 F	emale	Senior		01:05:22	01:04:55
225 Gavin Powell	65 N	1ale	Master O50	North Highland Harriers	01:05:25	01:05:00
226 Emma Taggart	21 F	emale	Master	North Highland Harriers	01:05:26	01:04:59
227 Patricia Angus	63 F	emale	Master O50		01:07:06	01:06:43
228 Donna Mackay	221 F	emale	Master	North Highland Harriers	01:07:11	01:06:51
229 Alan Macdonald	216 N	1ale	Master	North Highland Harriers	01:07:12	01:06:52
230 Rachel Ross	283 F	emale	Senior		01:07:33	01:07:18
231 Suzanne McLaren	36 F	emale	Senior		01:08:06	01:07:41
232 Zoe McIntosh	93 F	emale	Senior		01:08:26	01:08:10
233 Tracy MacDonald	311 F	emale	Master		01:08:34	01:08:07
234 Jeanne Boyd	20 F	emale	Master O50		01:08:56	01:08:30
235 Catriona Sinclair	71 F	emale	Master O50		01:09:29	01:09:03
236 Harald Rams+©y	314 M	1ale	Master O50		01:10:12	01:09:49
237 Christine Fuller	296 F	emale	Master	Lonley Goat Running Club	01:10:24	01:10:05
238 Charlotte Miller			Master	· -	01:10:33	01:10:13
239 Laurence Warner	97 N		Master		01:10:36	01:10:08
240 Mandy Mcintyre			Senior			01:10:08
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241 Danielle Moghadam	269 Female	Senior	Park Run Inverness	01:10:53	01:10:24
242 Hormoz Moghadam	268 Male	Master O50	Park Run Inverness	01:10:53	01:10:25
243 Jill Sutherland	18 Female	Master		01:12:07	01:11:48
244 Susan Asher	23 Female	Senior		01:12:09	01:11:49
245 Kathleen Shanks	258 Female	Master		01:12:47	01:12:31
246 Keith Muir	32 Male	Master O50		01:14:58	01:14:28
247 Sarah King	284 Female	Senior		01:15:21	01:14:54
248 Jayne King	86 Female	Master O50		01:15:21	01:14:54
249 Corrina Milligan	27 Female	Master O50	Jog Scotland	01:17:18	01:16:54
250 Alison Smith	45 Female	Master O50	North Highland Harriers	01:17:19	01:16:57
251 Tony Chalmers	82 Male	Master O50		01:17:19	01:16:55
252 Briony Swanson	287 Female	Senior		01:17:51	01:17:27
253 Ellen Lindsay	69 Female	Master O50		01:18:12	01:17:47
254 Louise Todd	234 Female	Master		01:18:41	01:18:11
255 John Shane	136 Male	Master O50	North Highland Harriers	01:18:42	01:18:13
256 Margaret Robertson	26 Female	Master		01:22:52	01:22:36
257 Elizabeth Sinclair	53 Female	Master O50		01:24:40	01:24:09
258 Kaci Morrison	125 Female	Senior		01:26:27	01:26:03
259 Jane Gunn	324 Female	Master	North Highland Harriers	01:26:27	01:25:56
260 Gail Morrison	126 Female	Senior		01:26:28	01:26:04